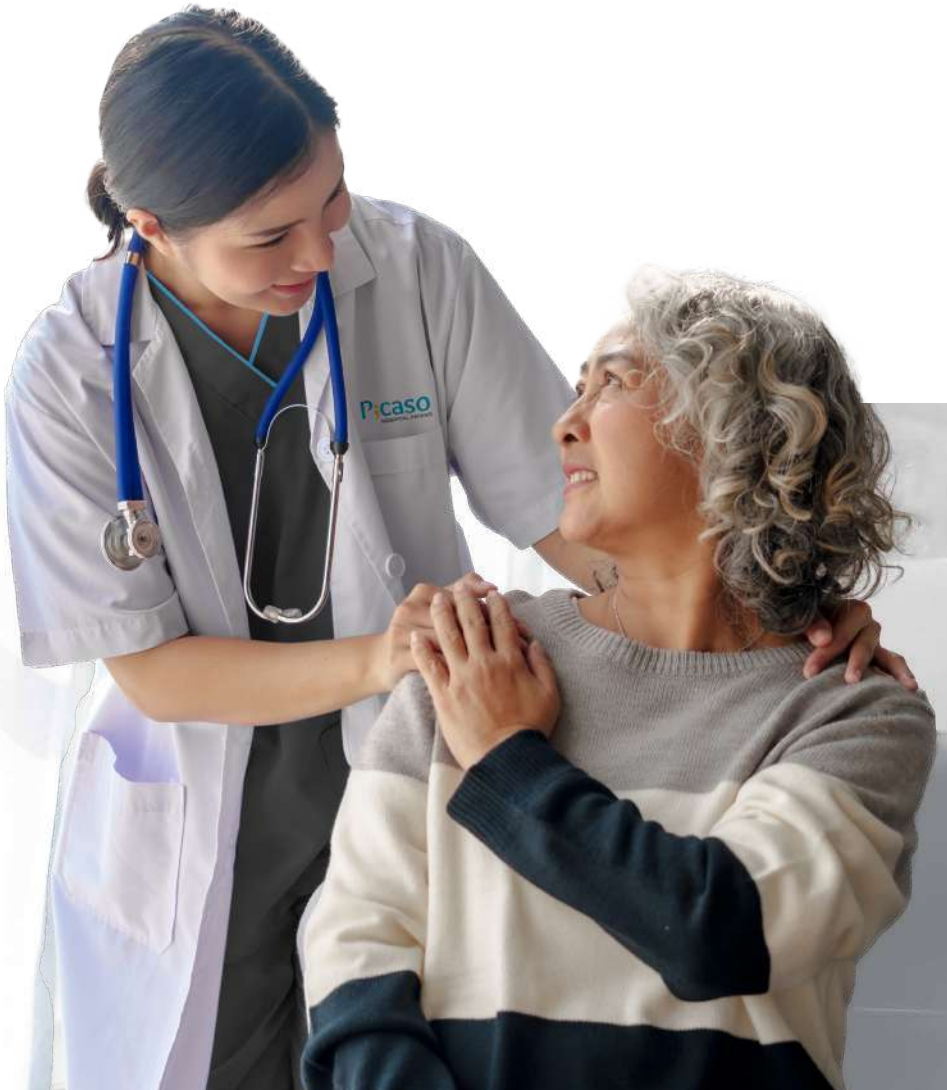


**P;caso**  
HOSPITAL PICASO

PJ Integrated Centre  
for Advanced Surgery  
and Oncology

# About Us



# Personalised Care, Advanced Solutions



## The Solution To Your Surgical And Cancer Needs

PJ Integrated Centre for Advanced Surgery and Oncology (Picaso) is a private hospital under Asia OneHealthcare Group (formerly known as Columbia Asia), a regional network of secondary, tertiary, quaternary, and super-specialty medical facilities in Southeast Asia.

Anchored by 2 Centres of Excellence, the Centre for Advanced Surgery and Centre for Integrated Oncology, our aim is to provide holistic care to treat diseases and health conditions with surgery and deliver the full-range of cancer care services.

## Centres Of Excellence

Defined by the 4 pillars that make Picaso a true Centre of Excellence, our multidisciplinary team leverages the experience and expertise of our doctors, training the next generation of surgeons, conducting research and being involved with clinical trials to advance the healthcare of tomorrow.



## Advanced Surgery

Surgery has changed significantly in the past few decades thanks to technology, and Picaso is at the forefront of minimally invasive surgery such as laparoscopic procedures and robotic surgery. Picaso is home to the latest state-of-the-art robotic arms: the da Vinci Xi Surgical System.

Acting as an extension of the surgeons' eyes and hands, the robotic surgery system provides a high-definition, magnified view of the surgical site and allows for highly precise and fine motor control movements while reducing hand tremors. These characteristics are highly essential when working in a confined space with complex anatomical structures. Some benefits of robotic surgery include:



Smaller incisions,  
resulting in reduced  
tissue trauma



Smaller scars, which can  
be cosmetically more  
appealing



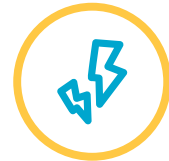
Reduced blood loss,  
reducing the need for  
transfusions



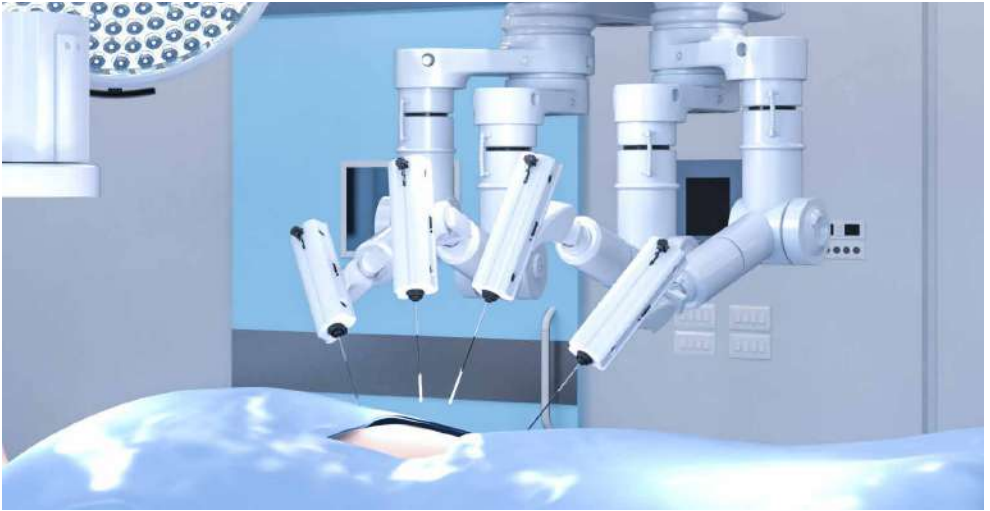
Lower risk of infection



Quicker recovery time  
and shorter hospital stays



Lesser pain, due to smaller  
incisions and reduced  
trauma to blood vessels



Robotic surgery is employed in a wide range of medical specialties, some of which include:

#### **Urology – Prostate cancer, kidney cancer, bladder cancer**

- Prostatectomy: Complete removal of prostate due to prostate cancer
- Partial nephrectomy/nephron sparing surgery: Excision of kidney tumour with preserving of kidney. Robotic surgery has a significant advantage in partial nephrectomy for complex kidney tumours
- Radical cystectomy: Removal of the whole bladder and nearby lymph nodes
- Pyeloplasty: Removal of a blockage in the ureter and reconnecting the ureter to kidney
- Ureteric reimplantation: Removal of a blockage in the ureter, and reconnecting the ureter to the bladder

#### **Gynaecology – Uterine cancer, uterine fibroids, endometriosis**

- Hysterectomy: Removal of the uterus and/or Fallopian tubes
- Myomectomy: Removal of uterine fibroids, leaving the uterus intact
- Endometriosis resection: Removal of abnormal growths while leaving other organs intact

#### **Colorectal surgery – Colon cancer, rectal cancer, diverticulitis, inflammatory bowel disease**

- Colectomy: Removal of the diseased section of the colon
- Proctectomy: Removal of the diseased section of the rectum
- Low Anterior Resection: Sphincter-saving resection involving removal of the rectum while preserving the sphincter to avoid a permanent stoma

#### **General surgery – Gallstones removal, hernia repair, bariatric surgery**

- Cholecystectomy: Removal of the gallbladder
- Sleeve gastrectomy: Reduction of stomach size
- Roux-en-Y gastric bypass: Reduction of stomach size and rerouting of small intestines to decrease food absorption

## Integrated Oncology

Cancer patients frequently struggle to find the best treatment plan for them. Cancer is a complex disease that often requires multiple treatment modalities such as surgery, chemotherapy, radiotherapy, immunotherapy, etc. In Picaso, our specialists ensure that you receive an accurate diagnosis, advanced solutions and personalised care.



Among the major types of cancer we treat are:



**Breast cancer**



**Gynaecological cancers**  
(cervical, ovarian, uterine)



**Gastrointestinal cancers**  
(oesophageal, stomach,  
colorectal, pancreatic, liver  
and gallbladder)



**Urological cancers**  
(prostate, bladder,  
kidney, testicular)

## Can-care: Our Post-care Partner

The journey for our cancer patients does not end once they are cancer-free. Many patients require guidance to reintegrate themselves back into their old lives. Through Can-care, our post-care partner, Picaso offers breast cancer patients the support necessary to rekindle hope, helping them recover psychologically as well.

These post-care services include:



### **Breast care education:**

Awareness, wound management and knowledge of lymphoedema



### **Cancer coaching:**

Advising patients on each stage of their breast cancer journey



### **Patient engagement:**

Teaching patients skincare, makeup and other lifestyle practices

Can-care also offers products like breast prostheses, mastectomy bras and compression sleeves, all designed to help restore function and confidence in our patients.



# CAN-CARE

Your Personalised Post Care Partner

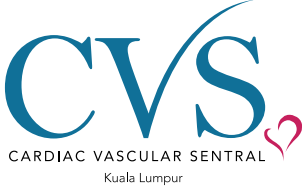
## Our Specialists

The team of specialists at Picaso has a strong track record in the field of advanced surgery and oncology and a background focused on robotic and minimally invasive procedures. Our doctors' vast and diverse experience enables us to help patients with a wide range of conditions, from general to complex. Cancer care is complicated and ever-changing. We believe by working together as a team, we can offer evidence-based care, translating to the best possible outcomes for our patients.



# Health Screening: Early Detection Saves Lives

We believe that it is not just patients who have to fight cancer; it is everyone's responsibility. Being responsible for your own health means going for regular screenings, and we welcome everyone to get their health screened here at Picaso Hospital. Early cancer detection leads to vastly better treatment outcomes and overall happier patients.



Thanks to our partnership with CVSCL, an integrated cardiac and vascular hospital, patients who discover complications with their heart in our health screenings may also be referred to CVSCL, ensuring greater care not just for cancer, but for the heart as well.







# P;caso

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